

Life's Healing Choices: 7 of 8
"The Growth Choice"
Cornerstone Church of Poway
Pastor Ed Turley
November 27, 2022

The Growth Choice: I Reserve a daily time with God for self-examination, Bible reading, and prayer in order to know God and His will for my life and to gain the power to follow His will.

"Blessed are those who **hunger** and **thirst** for righteousness, for they will be filled."
Matthew 5:6 (NIV) Remember Verse

Complacency Leads to Relapse ← → Consistency Leads to Growth

How To Continue Growing:

1. Make A Daily Time With God A Routine

"Trust in the LORD and do good; Dwell in the land and cultivate faithfulness. Delight yourself in the LORD; And He will give you the desires of your heart. Commit your way to the LORD, Trust also in Him, and He will do it." **Psalms 37:3-5 (NASB)**

"Devote yourselves to **prayer**, keeping alert in it with *an attitude of thanksgiving*; praying at the same time for us as well, that God will **open up to us a door** for the word, so that we may speak forth the mystery of Christ, for which I have also been imprisoned; that I may make it clear in the way I ought to speak."

Colossians 4:2-4 (NASB)

"For this very reason, make every effort to **add** to your faith **goodness**; and to goodness, **knowledge**; and to knowledge, **self-control**; and to self-control, **perseverance**; and to perseverance, **godliness**; and to godliness, **brotherly kindness**; and to brotherly kindness, **love**. For if you possess these **qualities in increasing measure**, they will keep you from being ineffective and unproductive in your knowledge of our Lord Jesus Christ." **2 Peter 1:5-8 (NIV)**

2. Face And Forsake My Failures Quickly

"Let us examine our ways and test them, and return to the Lord."

Lamentations 3:40 (NIV)

"Do not merely listen to the word, and so deceive yourselves. Do what it says. Anyone who listens to the word but does not do what it says is like a man who looks at his face in a mirror and, after looking at himself, goes away and immediately forgets what he looks like. But the man who looks intently into the perfect law that gives freedom, and continues to do this, not forgetting what he has heard, but doing it--he will be blessed in what he does." **James 1:22-25 (NIV)**

3. Join A Support Group

“They were **continually** devoting themselves to the apostles' **teaching** and to **fellowship**, to the **breaking of bread** and to **prayer.**” **Acts 2:42 (NASB)**

“Every day they **continued** to meet **together** in the temple courts. They broke bread in their homes and ate together with glad and sincere hearts, praising God and enjoying the favor of all the people. And the Lord added to their number daily those who were being saved.” **Acts 2:46-47 (NIV)**

- Am I being complacent in my walk with God?

My next right step, I will:

- Take time to be with God this week.
- Read the Bible for 3 days. YouVersion
- Listen to FamilyLife Today podcast

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[This is only a guide – select the points you want to discuss]

Open in Prayer.

Icebreaker: What is your favorite Christian podcast? Favorite Christian artist?

Do you use the YouVersion Bible App? How?

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How To Continue Growing:

1. Make A Daily Time With God A Routine

Read Psalm 37:3-5 (NASB)

Instead of worrying about the short-lived success of evil, what qualities should shape our lives?

How can you cultivate faithfulness in your life with the Lord and others?

How can you delight in the Lord?

Read Colossians 4:2-4

Write down some things that you are thankful for.

Where can you start praying for God to open a door for the gospel?

Read 2 Peter 1:5-8

Which attribute is the easiest for you to add?

Which attribute is the most difficult to add? Why?

2. Face And Forsake My Failures Quickly

Read Lamentations 3:40

When you blow it, how quickly do you seek the Lord and repent?

Read James 1:22-25

What is an area that God is asking you to pay more attention to change?

Is there someone you can asked to help pray for you?

3. Join A Support Group

Read Acts 2:42-47

What was the lifestyle of the first century church?

What is missing in your Christian walk?

Close in Prayer: Start praying. Be bold and pray specifically.