

The Biggest Loser
Developing a Healthy Lifestyle
Developing Patience 15 of 16
Pastor Ed Turley
September 13, 2009

1. When To Be Patient

- **When Circumstances Are _____**
“...be patient as you wait for the Lord's return. Consider the farmers who eagerly look for the rains in the fall and in the spring. They patiently wait for the precious harvest to ripen.” **James 5:7 (NLT)**
- **When People Are _____**
“For examples of patience in suffering, dear brothers and sisters, look at the prophets who spoke in the name of the Lord.” **James 5:10 (NLT)**
- **When Problems Are _____**
“You have heard of Job's perseverance ...”
James 5:11b (NIV)

2. Why Be Patient

- **Because God Is _____**
“Be patient and stand firm, **because the Lord's coming is near.**” **James 5:8 (NIV)**
- **Because God _____ Patience**
“We give great honor to those who endure under suffering.”
James 5:11a (NLT)

“Blessed are you when people insult you, persecute you and falsely say all kinds of evil against you because of me. Rejoice and be glad, **because great is your reward in heaven...**” **Matthew 5:11-12 (NIV)**
- **Because God Is _____**
“You have heard of Job's perseverance, and have seen what the Lord finally brought about.” **James 5:11b (NIV)**

“**For God is working in you**, giving you the desire to obey Him and the power to do what pleases him.”
Philippians 2:13 (NLT)

“And we know that God **causes everything to work together** for the good of those who love God and are called according to his purpose for them.” **Romans 8:28 (NIV)**

3. How To Be Patient

- **Wait _____**
“Consider the farmers **who eagerly look** for the rains in the fall and in the spring. They **patiently wait** for the precious harvest to ripen.” **James 5:7b**

- **Expect a harvest / Believe it is inevitable/ Rest in your work**

“Then you will know that I am the LORD; those who hope in me will not be disappointed.” **Isaiah 49:23b (NIV)**
- **Wait _____**
“**Don't grumble about each other**, my brothers and sisters, or God will judge you. For look! The great Judge is coming. He is standing at the door!” **James 5:9 (NLT)**

“But most of all, my brothers and sisters, never take an oath, by heaven or earth or anything else. **Just say a simple yes or no**, so that you will not sin and be condemned for it.”
James 5:12 (NLT)

“But these things I plan won't happen right away. **Slowly, steadily, surely, the time approaches** when the vision will be fulfilled. If it seems slow, wait patiently, for it will surely take place. It will not be delayed.” **Habakkuk 2:3 (NLT)**
- **Wait _____ (vs. 11b)**
“The Lord is **full of compassion and mercy.**”
James 5:11b (NIV)

“As for me, **I look** to the LORD for His help. **I wait** confidently for God to save me, **and my God will certainly hear me.**” **Micah 7:7 (NLT)**

Where do you need to have patience?

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1. When To Be Patient

- **When Circumstances Are Uncontrollable**

“...be patient as you wait for the Lord's return. Consider the farmers who eagerly look for the rains in the fall and in the spring. They patiently wait for the precious harvest to ripen.”
James 5:7 (NLT)

- **When People Are Unchangeable**

“For examples of patience in suffering, dear brothers and sisters, look at the prophets who spoke in the name of the Lord.” **James 5:10 (NLT)**

- **When Problems Are Unexplainable**

“You have heard of Job's perseverance ...”
James 5:11b (NIV)

2. Why Be Patient

- **Because God Is In Control**

“Be patient and stand firm, **because the Lord's coming is near.**” **James 5:8 (NIV)**

- **Because God Rewards Patience**

“We give great honor to those who endure under suffering.”
James 5:11a (NLT)

“Blessed are you when people insult you, persecute you and falsely say all kinds of evil against you because of me. Rejoice and be glad, **because great is your reward in heaven...**” **Matthew 5:11-12 (NIV)**

- **Because God Is Working Things Out**

“You have heard of Job's perseverance, and have seen what the Lord finally brought about.” **James 5:11b (NIV)**

“**For God is working in you**, giving you the desire to obey Him and the power to do what pleases him.”

Philippians 2:13 (NLT)

“And we know that God **causes everything to work together** for the good of those who love God and are called according to his purpose for them.” **Romans 8:28 (NIV)**

3. How To Be Patient

- **Wait Expectantly**

“Consider the farmers **who eagerly look** for the rains in the fall and in the spring. They **patiently wait** for the precious harvest to ripen.” **James 5:7b**

- **Expect a harvest / Believe it is inevitable/ Rest in your work**

“Then you will know that I am the LORD; those who hope in me will not be disappointed.” **Isaiah 49:23b (NIV)**

- **Wait Quietly**

“**Don't grumble about each other**, my brothers and sisters, or God will judge you. For look! The great Judge is coming. He is standing at the door!” **James 5:9 (NLT)**

“But most of all, my brothers and sisters, never take an oath, by heaven or earth or anything else. **Just say a simple yes or no**, so that you will not sin and be condemned for it.”
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- **Wait Confidently (vs. 11b)**

“The Lord is **full of compassion and mercy.**”
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